

## Pre Arrival Information for Parents and Learners

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## Attendance at Classes – College Discipline

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Regular attendance at all lessons is important for learners to reach potential. The College has minimum attendance standards which must be followed.

If you needed a visa to come and study here, the visa regulations require all colleges and universities to report poor attendance to the UK Visa and Immigration service.

If you are ill you must telephone/email the International Office who will inform your teachers. If you need to see a doctor, staff in the International Office can help to arrange it for you.

**You are expected to remain at College for the whole of each term. Flights to your home country should be booked for a date after the end of term and you must return to College in time to study on the first day of term.**

All students have a personal tutor who will help if you have any difficulties with the course.

### COLLEGE DISCIPLINE

Boston College International Students usually achieve good results. In order to be successful you must:

- Attend all classes
- Complete your work on time
- Attend your English Language support classes
- Complete all your exams and/or course modules
- Behave responsibly whilst living in the Hall of Residence and Homestay accommodation

Attendance and work will be monitored. Learners who have any difficulty will be given help. Learners who do not attend classes or who do not do the work required will be subject to College disciplinary rules and parents will be informed about discipline, behaviour or attendance issues.

## Climate

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English weather is very unpredictable. It can be very cold between the months of October and March. You should carry a jacket or sweater in your hand luggage so that you can wear it when you arrive in the UK.

In the winter months you will need a warm coat and shoes or boots to protect you from the wet and cold. December to February is the coldest period with temperatures between 0 – 6 degrees Celsius during the day time. Rain is frequent throughout the year.

If you are riding a bicycle you would need to have some gloves.

During the winter you can usually expect a few days of snow.

June, July and August are the warmest months with an average temperature of 20 degrees.

## Counselling Service

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Boston College Counselling Service is staffed by a team of professionally qualified and experienced Counsellors who work with people of all ages.

Counsellors provide an opportunity to explore and discuss, in full confidence, any difficulties, which may be affecting your personal, or College life eg. Home sickness, stress/anxiety, emotional/financial problems, etc.

An appointment can be made at Learner Services at Rochford Campus

## Exam Results

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When you arrive at Boston College your tutor will set some academic targets for you to achieve whilst you are studying here. To help them set targets that are right for you, they will need to know about your final set of exam results or your final school reports for your last term before coming to the UK. Please make sure that you bring a copy of these with you. You can either bring a photocopy, or an email attachment or an image – you don't need to bring the original documents

## Fees – Other Expenses

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For students at Boston College with a visa, your CAS/Acceptance Letter will tell you how much you need to pay for tuition and accommodation.

It is expected that you pay the full balance of your tuition/service fee before, or on arrival at Boston College.

Accommodation fees may be paid in full at the start of the academic year, or in two instalments - September and February. If you have any difficulty please contact the International Office.

### Other Expenses

We estimate that you should allow around £35 per week for personal expenses and entertainment. If you intend to buy and cook your own food you will need approximately £40 per week.

Most books will be provided by Boston College, but some students will have to buy additional items for their vocational courses (eg art or media). Teaching staff will be able to advise on specific equipment necessary to buy.

All students need to provide their own stationery.

In addition to the International Trips Package, there will be opportunities to join College trips (some organised by the International Office and others by Course Lecturers which are relevant to your course of study). Although normally subsidised, payment towards these excursions will be required. The prices will vary.

## First Arrival in the UK

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Boston College provides a free airport collection service for students joining the College for the first time. We can arrange to meet you from any of the major airports. As soon as you have made your travel arrangements, you should inform the International Office.

We need the following information:

- **Date and time of arrival**
- **Flight number**
- **The Airport and the terminal you will arrive at**
- **Mobile phone number**

Our email address is [enquiry@boston.ac.uk](mailto:enquiry@boston.ac.uk)

Before you leave your home, we will send you confirmation that we have made the arrangements to meet you when you arrive in the UK. We will send you the Airport Arrival Information sheet which explains entry procedures and what to do if you can't find the driver. It is important that you tell us

if you change your arrangements as we will send a driver to the airport to meet you at the time you tell us your plane will arrive. We will give you the name and contact telephone number for the driver who will meet you.

### **Arrival Time**

The best time to arrive at College is 2-4 days before your course starts. This will give you time to settle into your accommodation and start to find your way around. It is important that you arrive on time as it is easier to mix and make new friends when everyone is arriving at similar times.

### **Luggage**

Usually you will carry your luggage with you when you travel but, if required, you can arrange to send any extra baggage to the College. Write the address in English and address the box to yourself at The International Office, Boston College, Skirbeck Road, Boston, Lincs PE21 6JF, UK. Please make sure you put your own name on the box. The box will then be stored safely until you arrive.

### **ARRIVING AT THE AIRPORT – NON EU STUDENTS**

You should follow the Arrivals sign to Passport control. At Passport control you may be asked some questions about yourself and why you have come to the UK. You should have the following documents in your hand luggage when you travel:

- A valid passport/ID or travel document containing your visa if applicable.
- The Certificate of Acceptance for Studies from the College accepting you onto a full time course.
- Evidence that you have sufficient money to cover tuition, accommodation and living costs.
- The Airport Arrival information sheet sent to you when we confirmed the airport pick up service.

You may also be asked to provide evidence of your accommodation in the UK. This is shown on your CAS/Acceptance Letter.

When you have gone through Passport Control you can proceed to the Baggage Reclaim area by following the signs to the baggage hall. The TV screens will tell you which carousel the luggage from your flight will arrive on. Collect your bags and follow the sign to the Customs Hall. If you have any difficulty, ask one of the airport staff for assistance. There are three exits from this area: Green – nothing to declare, Red – Goods to declare and Blue – for people travelling within the EU. Read the notices to find out if you are carrying goods which should be declared. If you are in doubt check with one of the customs officers or go through the Red channel. You may be asked to open your bags in any one of the three channels.

### Meeting our Driver

Look out for the College driver as you enter the Arrivals Hall. He will be waiting by the barrier and will be holding a BOSTON COLLEGE sign. If you do not see him immediately, do not worry. Stay in the Arrivals Hall as that is where the driver will look for you. You should wait by the information desk. The driver will not leave the airport without you but it is important that you do not leave the building or move to a different terminal or the driver will not know where to find you. When you give us your flight details we will send you some Airport Arrival Information. Make sure you carry this information in your hand luggage. If you have any difficulty telephone one of the numbers on the information sheet for help. The emergency number is 07908 511724. Our driver will take you to Boston College or if it is very late at night, he will take you straight to your accommodation where you will usually be met by the International Office Manager or by the homestay family.

### Food and Shopping

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Food in College may be purchased during term times Monday to Friday from The Diner or The Food Court on Rochford Campus or at the Peter Paine Performance Centre (if you are based there). If you choose catered accommodation in the Halls of Residence, money paid will be loaded onto a biometric system using a finger scan. With this system you will be able to buy food of your choice.

Please note that our dining areas within the College only open at the start of term. If you arrive a few days early, then you may need to provide or buy your own food at a local shop or supermarket. You will be able to buy snacks or ready meals.

As soon as you have enrolled onto your course and activated the Biometric system for buying food, you will be able to use the canteen services. This may take one or two days. If you are buying the 'Catered package' you may need to use your own cash until the Biometric finger scanning system is working for you.

If you prefer to cook and shop for yourself, here are a few examples of UK prices for food bought at a supermarket which may help you when deciding on your budget.

Pasta (500g)	£0.50
Pasta sauce	£1.00
Rice (500g)	£0.45
Bread	£1.00
Milk	£0.70
Chicken (kg)	£3.50
Orange juice	£0.85
Cola (6 cans)	£2.50
Eggs (6)	£1.20
Oranges (each)	£0.40
Tomatoes (500g)	£0.80

### **Shopping**

Opposite the College is a local Co-Operative Store which is very convenient and sells many food items. It is particularly handy if you need to buy items without going to the larger supermarkets or to the town centre. The two supermarkets closest to Boston College is Aldi (about 15 minutes' walk) and a huge Asda store (20 minutes' walk) which also sells a wide range of household items.

The College shop sells a variety of items including snacks, drinks, books, writing materials and newspapers. It is open from 8.30 until 3.45 pm Monday to Friday during term times.

In Boston town centre there are many shops selling food, clothes, music, drinks and anything else you may need. It will take around 10-15 minutes to walk to the town centre.

## **Free Time**

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### **Cinema – West End Cinema**

Boston has a multi-screen cinema where you can see the latest films. Show your student I.D. card to obtain a discount on entry fees.

### **Bowling – Boston Bowl**

There is a bowling alley on the outskirts of the town

### **Clubs and Pubs**

Students over the age of 18 can go to night clubs to dance, listen to music and meet other young people.

Public Houses, pubs as they are known in the UK, are part of the social life in Britain. Students under the age of 18 cannot be served alcohol but can buy non-alcoholic drinks if accompanied by an adult or someone over 18.

### **Swimming**

The Geoff Moulder Leisure Pool is situated next door to the College. Students may obtain a free swimming ticket from the College Reception/Information desk to enjoy a swim.

### **Gym**

There are several gyms around the town. The main one is held at Geoff Moulder Leisure Centre which is the building next to the College. Although not free, students can obtain discounted membership rates. There is also the opportunity to use the gym at Peter Paine Performance Centre (part of Boston College) for approximately £1 per session. There is also outside gym equipment on the grassed area at Rochford Campus.

### **Trips**

The International Office arrange trips to different cities, towns and places of interest during the year. Information will be sent to you via email or text and information will be posted on noticeboards in the Hall of Residence and Common Room.

### Local Coach Trips

Some local coach companies offer day trips/mini holidays to members of the public and these are often advertised in the International Office. If you are interested, please ask.

### Social and Development Programme

We have put together a Social and Development Programme so that you can join in things like Quiz Nights, various clubs, basic cooking, doing your laundry, Practise Your English group and Focus Group meetings. More information will be given on arrival.

### Sports

A variety of sports are available at the Peter Paine Sports Centre in Boston including squash, badminton, table tennis and basketball. Football, cricket, basketball, netball, tennis and hockey are available through the College or through local teams. Depending on demand and use, the College may provide transport by mini bus one evening each week, or you can make your own way there to use the facilities. Please ask staff for more information.

### Local Theatre

We have a small theatre in Boston called Blackfriars. Please ask or visit their website.

### Local Clubs

There are some clubs or activities run by local people in the town. If you have a particular interest or hobby, please ask staff for help or introductions.

## Health Care

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### Doctor

All International learners will be helped to register with a doctor during Induction week. We use the same doctors' surgery for all our International learners, so if you do become ill, we all know which doctor's practice to send you to. After you have completed the paperwork, we will make arrangements for you to go to the Surgery to see the Practice Nurse or Doctor – they will need you to provide a urine sample, answer a medical questionnaire and have a blood pressure check. ***The Surgery staff will also, at this time, offer a Meningitis vaccination, which they advise you to have, although it is not compulsory.***

It is likely that you will be asked to provide your vaccination statement.

**Medical treatment is free.** In the UK people **do not** go directly to hospital unless they have had an accident or it is a medical emergency. If you are ill you should always see a GP (General Practitioner) first. Staff in the International Office will help you to make an appointment.

### **Dentist**

Dental treatment in the UK is usually not free. The price is usually around £40 for a check-up, but could be more if treatment is required.

Staff in the International Office can help you to visit a Dentist if you have an emergency and not able to fit in appointments during holidays when you go home.

### **Opticians**

An eye test in the UK costs approximately £20.

## **Keeping in Touch with Family**

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Whether living in Hall of Residence or Homestay accommodation, you will have access to Wi-Fi.

Also we have Wi-Fi hotspots around all the College buildings.

Most people have their own phones, iPads, laptop computers etc. to keep in regular contact with family and friends. However, for anyone not having these facilities, after enrolling onto your course, your tutor will provide you with a log-in name/number which will allow you to use the College computer and email systems.

## **Living in Halls of Residence**

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The College has its own Hall of Residence offering individual study bedrooms with shared kitchen and bathroom facilities. You can choose either

### **Self-Catering**

Self-Catering accommodation where you prepare and cook your own food. You will need to buy your own cooking utensils. You can order a Welcome Pack which will be left in your room ready for your arrival (Bedding or Kitchen packs). Alternatively, you will find everything you need in shops and supermarkets in the town at quite reasonable prices. Sometimes, we have some second hand items in the International Office for you to buy (just make a donation to the College charity fund). In the kitchen you will find cupboards, refrigerator and freezer space for your food.

### **Catered**

Catered accommodation is where food is provided during the week during term times in the College eating areas. We are using a Biometric system whereby money is loaded onto your account and you use a finger scan to pay for your meals. There will be a variety of meals (snacks, sandwiches, full meals) served from 8.00 am until 6.30 pm.

### **Weekend Meals**

During weekends, you will need to provide your own food, either to cook for yourself or buy ready meals

### **Bedding**

When you arrive, we will provide you with a new duvet and pillow. You will need to buy bedsheets, duvet cover and pillow cover. If you do not want to bring your own with you, you may consider buying one of our starter packs which will be advertised to you before arrival, or you can buy from shops in the town.

### **Laundry**

We have an on-site laundry room which you can use to wash and dry your clothes. It is coin operated.

### **Wi-Fi**

We have Wi-Fi in all rooms in the Hall of Residence

### **Living Independently**

We want everyone to learn to live independently and grow in confidence. We hope you have a great experience in, what for most people, will be their first time living away from home. To help you during your time here, we have staff available:

- International Office staff – Sue, Fran and Lucy
- All night Wardens
- Hall of Residence Weekend Warden and First Aider - Denise

### **Rules and Information**

Your International Student Handbook will be sent to you before you arrive which includes some rules and information about living in the Hall of Residence. We have to have these rules to ensure that everyone can live together as peacefully as possible and to ensure that you are kept safe.

For further information look at our leaflet on Student Accommodation on the link

<http://www.boston.ac.uk/international/Documents/International%20Accommodation%20Leaflet%202016-17.pdf>

## Living in Homestay

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If you have chosen Homestay accommodation, you will be placed with a local family, couple or single person.

### **Before Arrival**

We will send you details and some photographs of the people you will be living with 2 or 3 weeks before you arrive. Please contact your homestay provider by email before you arrival, so that you can get to know a little about each other in advance. We think this will make you feel more comfortable.

### **Your Bedroom**

You can expect to have your own bedroom. Normally there will be a desk or table in the bedroom so that you can study there, or at least a place in the house suitable for you to do your homework.

### **Sharing the House**

You will share the rest of the house with the family. This means that you can join the family during dinner in the kitchen or dining room, watch TV with them in the evening, and hopefully join them in other activities.

### **Getting to Know the Homestay**

Please remember that some homestay providers are really busy, either with the family or sometimes with demanding jobs, but will want to help you to settle in to your new life in Boston. A good tip is to offer to help around the house, maybe washing the dishes after dinner. Offer to go with them and help with the shopping at the local supermarket. Make a big effort to get to know your homestay family, as this is the best way to feel part of the family. Don't be afraid to ask if you are not sure what is expected of you.

### **Meals**

You will be provided with breakfast and evening meal with the family during weekdays (you should buy your own lunch at College Monday to Friday) and then have all meals at home during weekends. If there are certain foods you really don't like, then please tell your homestay. They do not want to give you food that doesn't suit you.

### **Laundry**

Your homestay provider will wash your clothes for you, although not all will do the ironing.

### **Distance from College**

We try to ensure that all homes are within daily walking distance of Boston College, but some learners do buy a second hand bicycle so that it is faster to travel to and from College.

### **Checks on Homestays**

All homestay providers' homes are checked regularly by the College to ensure that they meet our high standards. All members of the family who are over 18 will have to provide a DBS (Disclosure and Barring Service), which is similar to a Police check. The College also ensures that homestay providers are given up to date training on topics such as Safeguarding, Prevent and Equality and Diversity.

### **Problems**

If you become unhappy in your homestay, or have any worries at any time, please go and discuss it with staff in the International Office, who hopefully can help with any problems you may have or give you some advice.

### **Rules and Information**

Each Homestay family will have different rules and information to give you about their household. These should be discussed on arrival, and when you are getting to know them.

## **Money Matters**

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### **Banks**

There are branches of all major banks in Boston: Barclays, HSBC, Lloyds and National Westminster. Banks usually open Monday – Friday from 9.30 am to 5.00 pm. Some banks also open on Saturday mornings.

To open a bank account you will need the following documents:

- Your passport/ID card, plus a
- Letter of introduction provided by the International Office.

If you have a bank account in your name in your home country the UK bank may request a letter of introduction from them.

They may request an official ID card to confirm your address at home or a bank statement for your bank account in your home country. If you have any of these documents you should bring them with you when you travel to the UK.

### **English money:**

Coins: 1p, 2p, 5p, 10p, 50p, £1, £2. 100 pence = £1.

Notes: £5, £10, £20, £50.

£ = pound or GBP

### **Bringing money into the UK**

You may bring as much cash in to the UK as you need, subject to the rules in your own country. You can transfer money through your bank transfer or you can bring an international money order or bank draft with you when you travel. You can use this to open a bank account and pay your fees. You will need to bring some English cash (pounds) with you for initial expenses as it can take a few days if you need to open a bank account. Many students use their own debit or credit card (from their own country).

### **Insurance**

If you intend to bring your own laptop or other valuable items with you when you come to Boston College it is advisable to arrange insurance in your home country before you travel. You can also buy Student Insurance when you get here.

## Part Time Work

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It may be possible to find some part-time work, but it is not so easy to find a job before you are 18 years old.

### Students from the EU

Most EU students will be able to work in the UK without restriction. There are special rules for some of the new member states. Contact the International Office for advice.

### Students from outside Europe

You will be issued with the new BRP card which will show you if you are permitted to work. This will usually be for a maximum of 10 hours per week during the term and full time in the holidays but you cannot take a permanent job.

If your Entry Clearance shows a 'prohibition' you cannot work. Students who are in the UK to study for less than 6 months will receive a 'prohibition'.

If you are unsure whether you are allowed to work, you must go to the International Office for help. It is important not to break the rules or you could be returned to your home country immediately without finishing your course.

Part time work may be difficult to find. The Immigration rules will not permit you to rely on any money you might earn to pay your fees.

### National Insurance Number

Before you can start work, you will need to obtain a National Insurance (NI) Number which is a unique personal reference number for all your tax and employment matters.

<https://www.gov.uk/apply-national-insurance-number>

Minimum Wage Rates (as of April 2019)

- £8.21 - the main rate for workers aged 25 and over
- £7.70 - the 21-24 rate
- £6.15 - the 18-20 rate
- £4.35 - the 16-17 rate for workers above school leaving age but under 18

***If you are successful in finding a job it is important that you do not miss any classes to work.***

## Progress Reports

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We will keep you well informed about the progress you are making. You will receive regular written reports from all your teachers and we will prepare Progress Reports twice each year which will be copied to your agents/parents of students under 18 each December and April.

Interim reports may be requested by parents at any time during the year.

## Social and Development Programme

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We offer a Social and Development programme which includes different activities that will help you get the best out of your time at Boston College and will help you to make friends and settle.

The programme includes Quiz Nights, Cooking Club, Cinema trips, Practice your English group as well as the chance to get more involved by becoming a Flat Representative and helping to organise activities and events. When you arrive you will be given details of the programme.

### Sports

We offer a range of sports and activities at Peter Paine Sports Centre which is about 2 miles from the main campus. You can take part in Badminton, Football, Basketball, and Volleyball or use the Gym.

Depending on demand and availability, we run a minibus to the Sports centre each week for students to use the facilities.

We also have an outside gym area near to the Hall of Residence.

Students can swim at the local swimming pool free of charge. This is located directly at the end of the College drive. You will need to collect a pass from the College main reception.

### Trips Package

Every year we offer a Trips package with a range of visits and excursions and activities organised by the International team. It represents very good value for money. If you would like to buy the package, please contact Lucy in the International office.

## Student Visa

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Boston College has been granted UKVI Sponsor Licence Number M1XM7Y0T0 and is a Further Education College for International students.

The UK Visa application process follows the Tier 4 PBS (Points Based System), introduced by the UK Visa and Immigration service. Each full International student requires a CAS (Confirmation of Acceptance of Studies) number, issued by the Education Provider (Boston College) obtained from the

UKVI, before being able to travel to the UK. Students can only apply to one Education Provider. Useful websites: <https://www.gov.uk/government/organisations/uk-visas-and-immigration> and [www.ukcisa.org.uk](http://www.ukcisa.org.uk)

To obtain a CAS number, you will need to provide proof that you have the academic qualifications, plus financial evidence, for the course applied for. When you have received your CAS number, you can apply for your student visa.

You will need to apply on-line for a full Tier 4 (General) Student Visa, or alternatively a Short Term Study Visa for a short course of up to 11 months. Alternatively, contact the visa section at the nearest British Embassy or High Commission for advice or information.

You will need to provide:

1. Proof that you have been accepted on a full time course with CAS number/Acceptance letter.
2. Relevant completed Visa application, plus current Passport.
3. Proof that you have the required level of English
4. Provide all school grades/reports/qualifications and any recommendations translated into English.
5. Original financial bank statements translated into English where appropriate, as evidence of funds required.
6. Accommodation details.
7. If required, a TB test certificate from an approved medical centre

You will also be asked to attend a Biometrics appointment to have your finger scan taken. When your student visa has been granted your passport will be stamped with a visa lasting for sufficient time to travel to Boston College.

On arrival at the College, you will need to obtain your BRP card, which has replaced the full visa stamp in your passport, from the designated Post Office, as described on your BRP letter. Boston College will assist you with this matter.

Please make sure your visa is correct, before you travel, as mistakes are difficult to rectify after arrival in the UK. You will need to provide your passport, CAS/Acceptance Letter and ID card. Please carry all your original documents when travelling, as you may be asked by Customs to produce them.

After arrival at the College, it is your responsibility to make sure that your visa/ID/Passport and BRP card are up to date. Staff in the International Office will be able to assist you and you should contact them for any advice and/or information. **IMPORTANT** do not ask friends what to do, as immigration rules change constantly.

## Support for Your Son or Daughter

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At Boston College, we have 30+ years' experience of taking good care of students whilst studying and living away from home.

There is a wide range of staff who are available to help your son or daughter to settle in to College life and help with day to day matters. These include:

- \* Personal Tutors
- \* Teachers and Teaching Managers
- \* International Office Staff
- \* Head of Learner Services
- \* Learner Support Officers
- \* Careers Office Staff
- \* Wardens
- \* College Drivers
- \* College Counsellors
- \* Hall of Residence Cleaners
- \* Caretaking and Maintenance Staff

The first time living away from home can be difficult for many teenagers and some do become homesick and need someone to talk to. We can help with this and always try to assist with problems.

We can offer practical advice about living independently, social activities, hobbies, travel arrangements, options and progression opportunities.

We will ensure that you are kept up to date with their progress and send you formal reports in December and March/April, but if at any time, you would like an interim report or any feedback, then in the first instance please contact [enquiry@boston.ac.uk](mailto:enquiry@boston.ac.uk)

International Office  
Boston College  
Skirbeck Road  
Boston  
Lincolnshire PE21 6JF, UK

 00 44 1205 313212

## Travelling To and From the Airport During Holidays

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The International Office staff will keep a diary of people travelling home during the holiday periods including dates, times, airports, flight numbers etc. Wherever possible you will be helped to book transport (taxi/mini bus) with other people travelling on the same day and at similar times. This may be the cheapest and most convenient way to travel to and from the airports, especially if there is a group of people travelling together.

As soon as you have booked your flights, please let a member of International Office staff know the details.

Approximate costs – examples

Car to Stansted (3 to 4 people) would cost £100

Mini bus to Stansted (up to 8 people) would cost £130

If it is not possible to join a taxi/mini bus with other people, then train may be the cheapest option.

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

*Please ask for help and advice at the International Office.*

## Under 18s

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The law in the UK means that all students under the age of 18 who live in college accommodation must be kept safe at all times.

If you are going to stay away from College overnight, you must let us know so that we know you are safe and we will ask for parents' permission in a confirmation email or Travel Permission form.

We will need to be sure that you are safe every night, so if you are going off the campus any time after 6pm in the evening you will need to let our on-duty Warden know. You can do this by calling in to the Security Office, texting or emailing. You will also need to let staff know when you return – again this is so that we know you are safe. Everyone under the age of 18 must be back on campus by 11 pm.

This system works well, but you will need to remember to let the Warden know. If he/she doesn't know you have returned, they will make enquiries to find you to make sure you are safe.

## Visitors

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We have visitor rooms available in the Hall of Residence. If you have family or friends who would like to visit, please contact the International Office.

All of our rooms are single and cost £20 per person per night, including bedding and towels.

Overnight visitors are not allowed in student rooms.

## Welcome and Induction

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If you join the College in September you will be given an Induction, Social & Development Programme. This programme helps you to settle into College life, gives you the opportunity to meet the staff, make new friends, become familiar with the College, tour Boston and receive general advice on life in Britain. A Welcome meeting with food and drink is also arranged during the first few days.

Visits and days out will be organised during the first month and then throughout the year. Please try to arrive at College at least two days before the start of the course to give you time to rest after your journey. This means you will be able to start the course on the same day as all the other new students which makes it easier to make new friends.

During the Induction Week we will assess your English level so that we can establish what level of support you will need. You will also have a meeting with your course tutor to make sure you have chosen the right course or subjects.

## Useful Website Addresses

Visa information: [www.bia.homeoffice.gov.uk](http://www.bia.homeoffice.gov.uk) [www.ukvisas.gov.uk](http://www.ukvisas.gov.uk) British Council  
[www.britishcouncil.org](http://www.britishcouncil.org) UKCISA [www.ukcisa.org.uk](http://www.ukcisa.org.uk)

All of the above sites will provide information to assist with your visa application and useful information about studying in the UK.

Boston town [www.visitbostonuk.com](http://www.visitbostonuk.com)

Boston College [www.boston.ac.uk](http://www.boston.ac.uk)

## College contact details

Boston College

International Office

Tel: +44 (0)1205 313212

Email: [enquiry@boston.ac.uk](mailto:enquiry@boston.ac.uk) if you need more help or information please contact the International Office

## What to Bring With You

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### Kitchen\*

PROVIDED	NEED TO BRING (or buy locally)
<ul style="list-style-type: none"> <li>• Oven</li> <li>• Fridge</li> <li>• Freezer</li> <li>• Microwave</li> <li>• Kettle</li> <li>• Toaster</li> <li>• Iron</li> <li>• Ironing board</li> <li>• Table and chairs</li> </ul>	<ul style="list-style-type: none"> <li>• Food</li> <li>• Storage containers</li> <li>• Pots</li> <li>• Pans</li> <li>• Cooking utensils</li> <li>• Cutlery</li> <li>• Plates, dishes etc</li> <li>• Cloths</li> </ul>

### Bedroom\*

PROVIDED	NEED TO BRING (or buy locally)
<ul style="list-style-type: none"> <li>• Bed</li> <li>• Mattress with protector</li> <li>• Wardrobe</li> <li>• Desk and chair</li> <li>• Bedside locker</li> <li>• Book shelf</li> <li>• Pin board</li> <li>• Curtains</li> <li>• Carpet</li> <li>• Duvet</li> <li>• Pillow</li> <li>• Desk lamp</li> <li>• Waste bin</li> <li>• Wifi</li> <li>• Clothes hangers</li> </ul>	<ul style="list-style-type: none"> <li>• Sheets, pillow cases and duvet cover</li> <li>• Towels</li> <li>• Personal items</li> <li>• Toiletries</li> </ul>

\*There may be some Welcome Packs available to order in advance of your arrival – eg a Bedding, Towel and Kitchen Pack. These packs, when ordered, will be left in your room for you for your arrival day. Further details will be sent to you pre-arrival.

**Common Room**

PROVIDED	NEED TO BRING (or buy locally)
<ul style="list-style-type: none"> <li>• Chairs and tables</li> <li>• Sofas</li> <li>• Table tennis</li> <li>• Pool</li> <li>• Darts</li> <li>• Games</li> <li>• TV/DVD player</li> </ul>	

**Laundrette**

PROVIDED	NEED TO BRING (or buy locally)
<ul style="list-style-type: none"> <li>• Coin operated washing machines</li> <li>• Coin operated drying machines</li> </ul>	<ul style="list-style-type: none"> <li>• Washing powder/liquid</li> <li>• Fabric conditioner</li> </ul>